

ALL DAY MENU

SAVOURY BITES

ROOT VEGETABLE CRISPS WITH RED PEPPER HUMMUS (VE)(GF)
433kcal £7

FETA OLIVES AND NUTS (GF)
501 kcal £10

CHIA SEED BREAD WITH OLIVE OIL & BALSAMIC (VE)
684 kcal £8

SMALL PLATES

INDIAN LENTIL SOUP (VE)
Rustic Bread
347 kcal £8.50

RED CURRIED MUSSELS
Toasted Sourdough
537 kcal £12

CURED SALMON (GF)
Beetroot, Yoghurt, Dill & Cucumber
364 kcal £11.50

CAULIFLOWER PAKORA (VE)(GF)
Cucumber Riata, Red Onion Salad
240 kcal £8.50

KOREAN CHICKEN WINGS
BBQ Sauce, Spring Onions & Sesame
1029 kcal £9

LARGE PLATES

NUSANA RAMEN (GF)
Belly Pork, Stained Egg & Ramen Noodles
450 kcal £13.50

GINGER AND SPRING ONION CHICKEN (GF)
Sticky Rice & Cashew
988 kcal £13

CHILLI BEEF STIR FRY
Noodles, Peppers, Chilli & Coriander
510 kcal £16

TERYIAKI SALMON (GF)
Pak Choi, Tenderstem Broccoli & New
Potatoes
406 kcal £16.50

CHICKEN KATSU (GF)
Sticky Rice, Katsu Sauce, Pickled Carrot &
Salad Leaf
1032 kcal £18

ROAST COD (GF)
Chickpea, Spinach & Coconut Curry Sauce
738 kcal £26.50

PANANG CHICKEN CURRY (GF)
Sticky Rice & Thai Prawn Crackers
1104 kcal £14

VEGETABLE PAD THAI (GF)
358 kcal £16
Add Chicken £4 Add Prawns £5

KOREAN CHEESEBURGER
Kimchi, Nu Sana Mayonnaise, Skinny Fries &
Salad Leaf
1180 kcal £17

BUTTERMILK CHICKEN BURGER
Siracha Mayonnaise, Coleslaw, Garlic Fries &
Salad Leaf
1038 kcal £14.50

NU SANA

NOURISH YOUR SOUL

BUDDHA BOWLS & SALADS

POACHED CHICKEN (GF)(DF)
Quinoa, Roasted Onions & Squash
1135 kcal £16.50

MARINATED TOFU (VE)(GF)
Quinoa, Beetroot, Avocado & Cashew
1289 kcal £15.50

CHICKEN CAESAR SALAD
Gem Lettuce, Anchovies, Parmesan, and Croutons
984 kcal £17.50

SIDES

GARLIC & CHILLI BROCCOLI
245 kcal £6.50

TRUFFLE PARMESAN FRIES
441 kcal £6.50

STEAMED RICE (VE)
538 kcal £4

SWEET POTATO FRIES (VE)
310 kcal £5.50

DESSERTS

ALL £8

SPICED APPLE TARTE TATIN (VE)
Vanilla Ice Cream
304 kcal

DARK CHOCOLATE BROWNIE (VE) (GF)
285 kcal

STICKY TOFFEE PUDDING (V)
Vanilla Ice Cream
589 kcal

EGG CUSTARD TART (V)
671 kcal

LEMON POSSET (V)
Spiced Berry Compote, Hazelnut Biscotti
589 kcal

Please notify your server of any food allergies, intolerances, or dietary requirements before placing your order. Many of our dishes can be adapted. Dishes marked (V) are vegetarian & (GF) are gluten free. Calories (kcal) are displayed per portion. An adult needs around 2,000 kcal a day

