SIDES TO SHARE

TAMARIND MUSHROOMS & GREENS VG | 466kcal 11.25 A hearty portion of mixed mushrooms tossed in a gently sweet, tangy tamarind sauce. Sprinkled with sesame seeds, crispy tofu pieces and fresh greens including cucumber, lime leaves, mint and coriander. MORNING GLORY VG | 217kcal 7.85 Morning Glory is a leafy, long-stemmed green, stir fried with garlic, red chilli and soya bean paste for that umami flavour. PAK CHOI & TENDERSTEMS VG | 228kcal 5.85 Fresh greens stir-fried with sliced red chilli, crushed garlic and our house stir fry sauce. ROTI VG | 528kcal 3.60 Light, golden brown roti - the perfect side for moping up Thai curries. GARLIC PEPPER STEAMED NOODLES VG | 397kcal 5.25 Delicious Thai noodles wok-fried with our secret garlic pepper stir fry sauce. FRESH THAI SALAD VG | 178kcal 7.25 A vibrant salad crammed with fresh veggies and herbs including jicama,

RICE

goldenberries, bamboo shoots, Thai shallots, puffed rice and pickled ginger.

JASMINE RICE VG 380kcal	3.65
STICKY RICE VG 510kcal	3.90
EGG FRIED RICE V 412kcal	4.50
COCONUT RICE VG 401kcal	4.50
TOM YUM FRIED RICE VG 395kcal	4.90
Jasmine rice wok-fried with lime, galangal, chilli and soya sauce.	

- AVAILABLE 12-5PM -LUNCH TAPAS SETS

SCRUMMY SET 782kcal Chicken Red Curry &, Pork Dumplings, Spring Rolls, Jasmine Rice	14.30 e.
FEASTING SET 954kcal Chicken Green Curry t , Chicken Satay, Mixed Vegetable Stir Fr Rice.	14.60 ry, Jasmine
GIGGLING SET 901kcal Sleeping Honey Duck, Wholesome Chicken Cashew Stir Fry, Sj Jasmine Rice.	14.50 pring Rolls,
SALT & PEPPER SET 1308 ^{kcal} Chicken Massaman Curry, Salt & Pepper Squid, Giggling Jasmine Rice.	15.25 Wings €,
ROYAL SET 1144kcal Lamb Massaman Curry, Yummy Duck Spring Rolls, Samui Zingy Jasmine Rice.	15.95 Prawns 🔌,
SHOWSTOPPER SET 1293 ^{kcal} Slow Cooked Beef Green Curry &, Pranee Prawns &, Stir Fry Y Pineapple Fried Rice.	18.99 Vegetables,
VEGGIE SET VG 1127kcal Vegetable Green Curry t , Stir Fry Vegetables, Spring Rolls, Jasm	12.95 hine Rice.



For our range of sweet treats, drinks and kids' dishes available on click & collect, visit gigglingsquid.orderswift.com

Nothing makes me happier than sharing the food of my childhood. Some of the recipes came about when Andy (Tall Husband, very occasionally Grumpy Husband...) and I were just married and travelling around Thailand and now we make these dishes for our three children. I hope you enjoy Thailand's abundance of flavour and natural ingredients – and find your own personal favourites.

Pranee

Image: Second secon



Fig. 555 Nelumbo Nucifera Cephalapoda Risiones Geographical Origin: The Land Of Smiles

🚫 TAKEAWAY MENU 🚫

in the second seco



STARTERS

PRAWN CRACKERS 222 ^{kcal} 3.99
GOLDEN MONEY BAGS 345kcal 7.60 Crispy pastry parcels of Thai-spiced chicken, herbs and vegetables. Dunk in homemade sweet chilli sauce.
CHICKEN SATAY 417kcal 7.99 Chicken skewers steeped in coconut milk, lemongrass and fresh turmeric and grilled until golden. Served with A-jard pickled vegetables and peanut sauce.
SPRING ROLLS VG 285kcal 6.99 Crispy spring rolls filled with shredded vegetables and served with homemade sweet chilli sauce!
SALT & PEPPER SQUID 390kcal 8.80 A bestseller! A hint of sweetness from the fresh squid and a touch of salt and pepper in the light, crispy coating.
SALT & PEPPER CHILLI MUSHROOMS VG () 341kcal 6.80 Big oyster mushrooms, big spicy flavours with a crispy coating and a sweet chilli dipping sauce. Sprinkled with chilli, garlic, lime leaf, fried garlic and shallots.
YUMMY DUCK SPRING ROLLS 343kcal8.99Shredded duck mixed with carrot, celery, leeks and spring onion wrappedin Thai pastry.
CRISPY SQUID BITS (400kcal 8.50 Lightly battered and crispy fried mini squid tentacles sizzling with spice and garnished with chilli, lime leaf, spring onions, fried shallots and garlic. Dip in zesty lime, garlic and Thai herb sauce.
♦ HAWKER STYLE PORK SKEWERS 410kcal 7.35 Juicy, chargrilled pork skewers flavoured with freshly ground and roasted cumin and coriander. Enjoy with spicy tamarind sauce.
GIGGLING WINGS (523 ^{kcal} 7.70 Sweet sticky chicken wings, crispy fried with a gentle spicy kick. Lick your fingers after. No judgement.
CARAMELISED PORK BELLY 742kcal8.99Bite sized portions of slow cooked sticky pork belly, wok fried with honey, chilli and tamarind. Garnished with pickled ginger, fried garlic and chilli powder and served with a side salad of peppers, jicama and spring onion.
CLASSIC PAPAYA SALAD LL 231kcal8.75Fresh young papaya, carrots, green beans, cherry tomatoes, Thai red chillies, dried shrimp and roasted peanuts.
NORTH EASTERN PAPAYA SALAD (148kcal) 8.95 As feisty and brimming with fresh veggies as the Classic but with a salty,

As feisty and brimming with fresh veggies as the Classic but with a salty, umami flavour from the addition of fish sauce.

♦ GIGGLING SQUID FAVOURITE | V - VEGETARIAN | VG - VEGAN ♦ - MEDIUM | ♦ - HOT



Please let the manager know of any food allergies or intolerances before you order. We cannot guarantee our dishes are 100% free from allergens. We purchase our fish fillets boneless but can't guarantee 100% removal of small bones. Scan the QR code to access our allergen guide or ask for a printed copy. Ingredients and recipes can change, so please review this information before ordering even if you have eaten with us before.



Adults need around 2000 kcal a day

CLASSIC CURRIES

THAI RED CURRY Aromatic blend of iconic Thai spices - red chillies, lemongrass, galangal - simmered in rich coconut sauce. Chicken 601 ^{kcal} or Vegetable VG 672 ^{kcal} Slow Cooked Beef 648 ^{kcal} or Prawn 592 ^{kcal}	, lime leaf and 13.99 add 2.00
THALGREEN CURRY	
The slightly more fiery cousin of the red Thai curry with lively garlic and lemongrass in a silky coconut sauce.	green chillies,
Chicken 591kcal or Vegetable VG 661kcal	13.99
Slow Cooked Beef 637kcal or Prawn 581kcal	add 2.00
 MASSAMAN A curry with mythical originsand legendary flavour! Simmered in cr and perfumed with cardamom, cinnamon and star anise with crunch Chicken 770kcal or Vegetable VG 831kcal Slow Cooked Beef 818kcal or Prawn 761kcal 	
PANFANG	
Paneang is a type of red curry, thickened with coconut milk an with roasted cumin and coriander seeds.	nd fragranced
Chicken 608kcal or Vegetable VG 649kcal	13.99
Slow Cooked Beef 650kcal or Prawn 568kcal	add 2.00

NOODLES & STIR FRIES

GIGGLING PAD THAI

Flavoursome rice noodles w	vith tofu,	beansprouts, sliced red of	onions, Thai	
chives and crunchy peanuts.				
Chicken 1117kcal	13.25	Prawn 1127 ^{kcal}	14.25	
Chicken & Prawns 1163kcal	16.75	Vegetable V 1084kcal	12.75	
Vegan VG 1011 ^{kcal}	12.75			

PAD KEE MAO 🔌

Richly flavoured, spicy flat noodles with fine green beans, coconut tips, chilli, garlic and green peppercorns.

Chicken 945 ^{kcal}	13.25	Prawn 954 ^{kcal}	14.25
Chicken & Prawns 991kcal	16.75	Vegetable VG 905kcal	12.75

WHOLESOME CASHEW STIR FRY **L**

Brimming with delicious flavour - roasted cashew nuts, mushrooms, peppers, onions and chilli.

Chicken 424kcal	14.25	Prawn 422kcal	15.25
Slow Cooked Beef 905kcal	15.25	Vegetable VG 396kcal	13.50
Duck 480 ^{kcal}	15.25		

CHILLI & BASIL STIR FRY LL

Iconic hawker stall "Gra Pao" stir fry with fiery chillies, garlic, bamboo shoots, green beans and peppers, our house stir fry sauce and spicy, peppery Thai holy basil.

Chicken 280kcal		Prawn 274 ^{kcal}	14.99
Slow Cooked Beef 693kcal	14.99	Vegetable VG 243kcal	12.99





Adults need around 2000 kcal a day



♦ RISING STAR RED DUCK CURRY | 706^{kcal} 18.50 Rich red curry with roast duck, juicy star fruit, fresh pineapple and pea aubergines. Husband Andy's longtime favourite!

 SPICY DOUBLE CURRY SEA BASS (921kcal 17.50

 Succulent sea bass fillets with aubergine and pea aubergines, fine beans, sweetheart cabbage, coconut tips and cha plu leaf in a flavoursome sauce of green and yellow curry pastes, lime leaf, galangal, red chillies and coconut milk.

♦ SALMON PANEANG € | 1022^{kcal} 18.75 Salmon fillet in paneang curry sauce (sweeter, creamier and slightly less fiery than a red Thai curry) with stir fried Tenderstem broccoli and pak choi. Salmon isn't typically Thai but the flavours won us over.



 THAI MELTING BEEF (1) 541kcal
 18.99

 Tender beef in a rich, velvety red curry sauce, flavoured with cha plu leaves.
 Served with fresh green beans and sweetheart cabbage.

SOFT SHELL PRANEE PRAWNS (1015kcal 16.95

Sweet, soft shell prawns coated in Thai herbs and garlic with a little chilli kick. Served with jicama and mint salad dressed with sweet, vinegary A-jard sauce.

♦ GIANT BUTTERFLY KING PRAWN PAD THAI | 1025kcal 17.50 Pad Thai with very big prawns in it!

THAI GARLIC HAKE **t** 677^{kcal}

Fillets of mild, white fish marinated in yellow curry, garlic and chilli. Steeped in an aromatic sauce bursting with fresh lime, garlic, coriander and feisty red chillies. Served on a stir fry of cabbage, green beans, sweet basil and sliced lime leaves.

TENDER PORK HOCK WITH ROTI (1129kcal)15.50

On-the-bone succulent pork with sweet, tangy red curry sauce. Served with pak choi, mixed peppers and fresh roti to mop up the sauce.

DUCK CONFIT | 1011kcal

Lovely and crispy on the outside and served with sweet, tangy tamarind sauce. I made this for Andy after we picked fresh tamarind along the Mekong River. Very romantic!

STICKY CHICKEN | 567kcal

A hearty bowl of crispy fried chicken. Bite-sized, sweet n' sticky deliciousness. Our daughter's favourite!

DRUNKEN RIBS 🔪 | 1253kcal

20.25

18.50

16.75

17.80

18.95

14.99

A hearty portion of tender pork ribs coated in a silky, red curry sauce with flavours of fried shallot and garlic, lime leaves and sweet basil. Served with Morning Glory greens and garnished with puffed rice.

HONEY-CRISP SEAFOOD & 836kcal

Lightly battered squid, prawns and sea bass tossed with mussels, krachai (similar to ginger) and green peppercorns and coated with caramelised honey and lime sauce.

CHUBBY CHEEK PORK | 562kcal

Tender, flavoursome pork cheeks, sautéed with coriander, garlic and cracked pepper. Served with veg relish.



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