

MIZU
PAN ASIAN RESTAURANT



A Taste of Mizu

£70 PER PERSON. MINIMUM OF 2 PEOPLE
available to order until 8.45pm Sun-Thurs and 9.15pm Fri & Sat
each diner can enjoy either tasting menu

TASTING MENU

CHEF'S SUSHI & SASHIMI

pickled ginger, wasabi



CLASSIC MISO BROTH



SOFT SHELL CRAB TEMPURA

Japanese chilli mayonnaise



CHAR-GRILLED BEEF SIRLOIN STICKS

padron peppers, smoked spicy teriyaki, chilli strands



ROCK PRAWN & SWEETCORN FRITTERS

mango wasabi mayonnaise, wakame



MISO & ORANGE DUCK BREAST

stir fried pak choi, sweet potato, sesame



CHOCOLATE LAVA CAKE

hot chocolate sauce, chocolate cookie crumble,
Northern Bloc Madagascan bourbon vanilla ice cream

VEGETARIAN TASTING MENU

CHEF'S SUSHI SELECTION

pickled ginger, wasabi



CLASSIC MISO BROTH



PUMPKIN KAROKKE

tonkatsu sauce



YASAI VEGETABLE GYOZA

yasai chilli sauce



SWEETCORN FRITTERS

mango wasabi mayonnaise, wakame



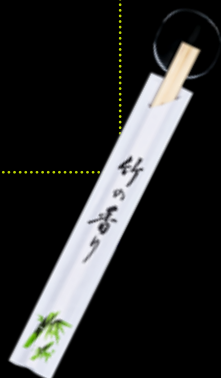
NORTHERN THAI CURRIED NOODLES

coconut curry, Paris mushrooms, crispy & soft noodles,
ginger, pickled gherkins, chilli, shallots & lime



CHOCOLATE LAVA CAKE

hot chocolate sauce, chocolate cookie crumble,
Madagascan bourbon vanilla ice cream



V vegetarian VG vegan GF gluten free 🌶️ spicy * option available

*Allergies and Intolerances: before you order please speak to a member of staff
if you would like to know about our ingredients.*

Tempura & Agemono

tempura battered and deep-fried meat, fish or vegetables.
All the below dishes can be made gluten free on request.



GF*

KING PRAWNS
sesame seed sauce
£14.50



VG GF*

TENDERSTEM BROCCOLI
lemongrass & coriander sauce
£11.50



GF*

SALT & PEPPER SQUID
Japanese garlic mayonnaise
£13.50



GF*

SOFT SHELL CRAB
Japanese chilli mayonnaise
£14.50



V GF*

**ROCK PRAWN &
SWEETCORN FRITTERS**
mango wasabi mayonnaise
£13.50



GF*

KOREAN FRIED CHICKEN
gochujang, chilli sauce, sesame
seeds, kimchi
£13.50



GF*

TEMPURA SHARER
soft shell crab, king prawns,
broccoli, sesame seed sauce,
Japanese chilli mayonnaise
£25

Small Plates



GF

TUNA TATAKI

seared sashimi grade tuna, fish roe,
lemongrass & coriander sauce

£13



TUNA TARTAR

fresh sashimi grade tuna, crispy shallots,
shichimi, sesame seeds, avocado, coriander,
flying fish roe

£16



VG

PUMPKIN KAROKKE

tonkatsu sauce

£12



VG

CHARGRILLED SWEET POTATO

coconut wasabi, ponzu, onion dressing

£11



VG*

CLASSIC MISO BROTH

tofu, enoki mushrooms, spring onion,
dried seaweed, dashi stock

£9





VG GF

SALTED EDAMAME BEANS
£5.50



VG GF

**GARLIC & CHILLI
EDAMAME BEANS**
£6



ASIAN CRAB CAKE
sweet chilli sauce
£13



GF*

PRAWN SPRING ROLLS
peanut & tonkatsu sauce
with chilli
£13



GF

BEEF CARPACCIO
prime cut of fillet beef, marinated with ginger
soy, coriander pesto, wakame salad
£15



VG

GRILLED ASPARAGUS
smoked ponzu & crispy onions
£11

Sushi

all served with wasabi and pickled ginger



GF

DRAGON ROLL

avocado, cucumber, prawn

three pieces **£12.50** six pieces **£17.50**



GF

RAINBOW ROLL

avocado, salmon, tuna

three pieces **£12.50** six pieces **£17.50**



GF

SPICY TUNA ROLL

tuna, cucumber, sriracha sauce, jalapeños

three pieces **£12.50** six pieces **£17.50**



VG

GF

NEW

JACK ROLL

jackfruit, mango, cucumber, avocado, piquillo red pepper,
goma mayonnaise, sweet soy

three pieces **£12.50** six pieces **£17.50**



GF

NEW

AKAI JOSEI

tuna, red pepper, red tobiko, shichimi chilli, spring onion mayonnaise

three pieces **£12.50** six pieces **£17.50**



CLASSIC CALIFORNIA MAKI

snow crab, avocado, flying fish roe, Japanese mayonnaise

three pieces **£11.50** six pieces **£16.50**



VG GF

CLASSIC VEGAN CALIFORNIA MAKI

avocado, cucumber, vegan mayonnaise, sesame

three pieces **£11.50** six pieces **£16.50**



EBI ROLL

shrimp, mango, lemon mayonnaise, crispy panko

three pieces **£12.50** six pieces **£17.50**



ISOBE MAKI CHICKEN ROLL

local chicken, teriyaki sauce, tempura

three pieces **£12.50** six pieces **£17.50**



NEW

BEEF YUSOKO

cured beef, prawn, blue cheese, avocado, asparagus, spicy mayonnaise,
sweet soy, chives, rocket oil

three pieces **£12.50** six pieces **£17.50**

Chef's Special Sushi

PLEASE ASK YOUR SERVER FOR TODAY'S SPECIAL

three pieces **£12** six pieces **£17**



GF 

THAI PORK FILLET
herb salsa
£12



SPICY ASIAN SAUSAGE
wrapped in streaky bacon, sesame seed sauce
£12



GF

GRILLED STICKY PORK BELLY
tonkatsu sauce
£12



GF

GRILLED SALMON
teriyaki sauce
£12



VG

CHAR-GRILLED MUSHROOMS
teriyaki sauce, sesame seeds, crispy onions
£10

Sticks



ROCK PRAWN TEMPURA
pineapple, Marie Rose sauce
£13



CHICKEN BALLS
sesame seed sauce
£12



GF

**CHAR-GRILLED BEEF
SIRLOIN**
padron peppers, smoked spicy
teriyaki, chilli strands
£13



VG*

GF

GRILLED CORN ON THE COB
sesame seed sauce
£8



Sashimi

a Japanese delicacy consisting
of thinly sliced fresh, sashimi grade fish



GF

SASHIMI MIX

tuna, salmon, seabass, prawn,
ginger, wasabi
£18

Gyoza



VG

YASAI VEGETABLE GYOZA

yasai chilli sauce
three pieces £11 six pieces £16



SHRIMP GYOZA

sesame seed sauce
three pieces £11 six pieces £16



CHICKEN & SPRING ONION GYOZA

chilli oil with ponzu
three pieces £11 six pieces £16

Sides

£6 each or 3 for £15



VG GF

STIR FRY SEASONAL
VEGETABLES

yakisoba sauce



V

EGG NOODLES



V GF

EGG FRIED RICE



VG GF

STICKY RICE



V

STEAMED BAO BUNS



VG GF

GRILLED CORN
ON THE COB

sesame seed sauce

£8



TONKATSU
SAUCE



GRILLED
SALMON



AKAI
JOSEI

DRAGON
ROLL

CHAR-GRILLED
BEEF SIRLOIN



ASIAN
CRAB CAKE

LEMONGRASS
+ CORIANDER
SAUCE



SESAME
KYURI

SESAME
SEED SAUCE



RAINBOW
ROLL

KING PRAWN
TEMPURA





THAI PORK
FILLET



CHICKEN +
SPRING ONION
GYOZA



TUNA
TATAKI



The Miza Superboard

£99

+ CHOOSE TWO
EXTRA SIDE
DISHERS FROM
PREVIOUS
PAGE



CHICKEN
BALLS

BEEF
YUSOKO

Sushi & Sticks Platter

£35

PICKLED GINGER

AKAI
JOSEI

DRAGON ROLL

SESAME
KYURI

WASABI



CHICKEN BALLS

ROCK
PRAWN
TEMPURA

STICKY PORK BELLY



Sticks Platter

1 of each stick £27

2 of each stick £49

GRILLED
SALMON

ROCK PRAWN
TEMPURA



CHAR-GRILLED
BEEF SIRLOIN

THAI PORK
FILLET

STICKY PORK
BELLY

CHICKEN
BALLS

SPICY ASIAN
SAUSAGES

SESAME
SEED
SAUCE

TONKATSU
SAUCE



Vegan Platter

VG

£32



GRILLED
CORN ON
THE COB

WASABI



JACK
ROLL

TENDERSTEM
BROCCOLI
TEMPURA

PICKLED
GINGER

YASAI
VEGETABLE
GYOZA

CHARGILLED
MUSHROOMS

PUMPKIN
KAROKKE

SESAME
KYURI

LEMONGRASS &
CORIANDER SAUCE

TONKATSU
SAUCE

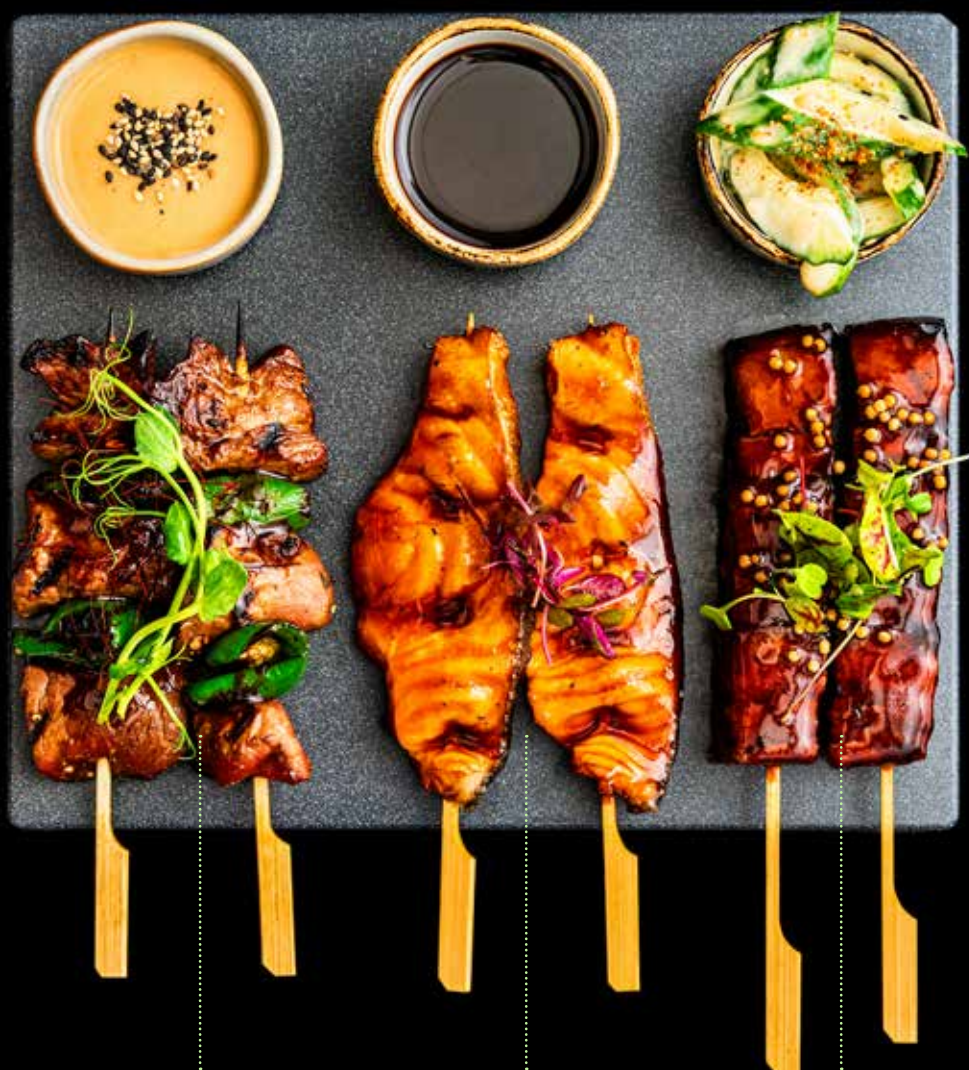
Grilled Platter

£39

SESAME SEED
SAUCE

TONKATSU
SAUCE

SESAME
KYURI



CHAR-GRILLED
BEEF SIRLOIN

GRILLED
SALMON

STICKY PORK
BELLY

GRILLED
CORN ON
THE COB



Big Plates & Noodles



DEEP-FRIED SEABASS

tempura batter, spinach, crispy potato, mango & green Thai sauce, sticky rice

£29



GF

GARLIC SIZZLING STEAK

7oz fillet steak, green bean & wild mushroom stir fry, crispy garlic, teriyaki

£36



FIRE CRACKER SALMON

grilled salmon, braised pak choi, honey soy with chilli, wakame, sticky rice, fish roe

£28



GF  

KUNG POW CHICKEN

Asian chilli peanut chicken, peppers,
edamame, sticky rice

£28



GF 

VIETNAMESE CHICKEN

spicy marinated grilled chicken breast,
fresh salad, glass noodles, Vietnamese
spiced yoghurt sauce

£28





NORTHERN THAI CURRIED NOODLES

coconut curry, chicken thigh, crispy & soft noodles, ginger,
pickled gherkins, chilli, shallots & lime

£30

Ramen

A Japanese hearty bowl of steaming hot broth flavoured with soy, filled with wheat noodles, toppings and garnishes



PORK BELLY RAMEN

slow cooked pork belly, mixed vegetables miso, soy & vegetable broth, ramen noodles, tea stained egg

£27



VG

PLANT-BASED RAMEN

vegetable gyoza, deep fried tofu, mixed vegetables, miso, soy & vegetable broth, ramen noodles

£26



Stir-Fry & Curry



VG*

KATSU CURRY

chicken or vegetables coated in panko breadcrumbs, aromatic curry sauce, sticky rice

£27



GF



BEEF RENDANG

tomato-based curry, Indonesian spices, mint, lemongrass, sticky rice

£28



GF*



LAMB SHANK ROGAN JOSH

local lamb shank braised in a rich sauce of garlic, ginger & aromatic spices. Served with sticky rice, char-grilled flatbread, yoghurt, chilli & coriander

£30



GF

GINGER & GARLIC STIR-FRY

choice of king prawn / pork belly / chicken / tofu, toasted garlic, stir-fry vegetables, neri goma, sesame seed sauce, chilli, choice of sticky rice or egg noodles

£28



BEEF & CHILLI DON

thinly sliced tender sticky chilli beef, sticky rice

£29

Desserts



MATCHA & YUZU TART
grilled pineapple, coconut, Chantilly cream
£12



CHOCOLATE LAVA CAKE
hot chocolate sauce, chocolate cookie
crumble, Madagascan bourbon vanilla
ice cream
£13



VANILLA CRÈME BRÛLÉE
miso chocolate madeleine
£12



SAGO PUDDING

lime & lychee mousse, tapioca, roasted
strawberry ice cream, almond sponge

£11

ITALIAN HAZELNUT

MINT CHOC CHIP

DOUBLE BELGIAN CHOCOLATE

VANILLA (VG*)

MANGO SORBET (VG)

ROASTED STRAWBERRY SORBET (VG)

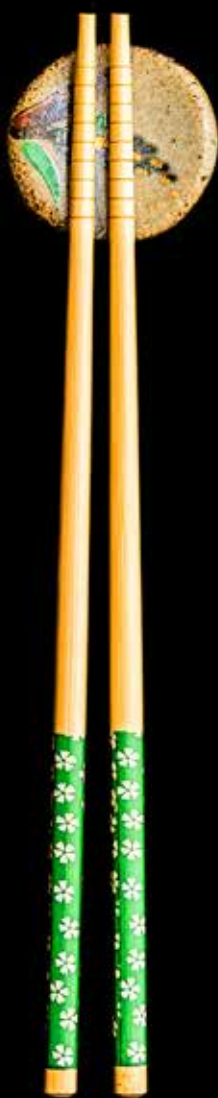
RASPBERRY SORBET (VG)

COCONUT SORBET (VG)

ICE CREAMS & SORBETS

Choose from our selection of ice creams and sorbets by
various northern ice cream parlours

one scoop **£4** three scoops **£9**



M I Z
PAN ASIAN RESTAURANT

www.lakedistricthotels.net/lodorefalls/mizu

#mizupanasian

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