

SAILORS' SAFETY

BAR SEAFOOD GRILL

SAMPLE LUNCH MENU

Menu items may vary daily, depending on seasonal availability.

STARTERS

HAM HOCK CROQUETTES • Piccalilli gel, pickled mustard seeds	12
CRISPY KING PRAWNS • Harissa mayo	12
SAILORS' HUMMUS • Cumin, toasted seeds, flat bread	9
ROAST BEETROOT SALAD • Whipped goats cheese, toasted hazelnuts	8

MAINS

SAILORS' MUSSELS • Cider, cream, herbs, bread	21
BATTERED HADDOCK • Chunky chips, mushy peas, tartar sauce	19
WHOLE PLAICE • Meunière	21
SAILORS' SAFETY SMASH BURGER • Burger sauce, salad, chunky chips	19
WILD SEA BASS • Beurre blanc, mussels	26
SEAFOOD CHOWDER • Crusty bread	20
HEARTY BEETROOT SALAD • Fetta, toasted chestnuts	16

SIDES

TRUFFLE FRIES • Parmesan, truffle oil	7
PEMBROKESHIRE POTATOES • Garlic butter, parsley	6.5
SAMPHIRE	6
ORGANIC LEAVES	6.5
CHUNKY CHIPS OR FRIES	5

DESSERTS

LEMON TART • Raspberry sorbet • Raspberry sorbet	9
CHOCOLATE BROWNIE • Salted caramel ice cream	9
PIRATES' AFFOGATO • Ice cream, espresso, Barti cream	9
COLONEL • Lemon sorbet, vodka	6

Please ask a member of staff for any allergy advice. Most of our dishes can be adapted to suit different dietary requirements. Feel free to ask for wine recommendations. Remember to check for specials.