

## STARTERS

### SOUP OF THE DAY — 5.95

Served with our homemade brown bread  
Contains (1, 7)

### GLAZED CHICKEN WINGS — 9.95 | 14.95

Tossed in the following sauce:  
Hot & spicy – bbq – salt & chili. Served  
with a blue cheese dip and celery stick  
Contains (3, 7, 8, 10, 11)

### CHICKEN GOUJONS — 9.95

Served with house salad & garlic  
mayonnaise  
Contains (1, 3, 7)

### CHILLI BEEF NACHOS — 10.50 | 15.50

Served with jalapeno, guacamole, sour  
cream & cheese sauce  
Contains (1, 7)

### BREADED MOZZARELLA STICKS — 10.50

Crisp tossed leaf salad served with a  
tomato and basil dip  
Contains (1, 3, 7)

### STICKY BBQ BABY BACK RIBS — 11.95

Roasted sticky bbq baby back  
ribs and house slaw  
Contains (1, 3, 6, 11)

## SIDES

### ALL SIDES — 4.50

FRIES

ONION RINGS

MASH POTATOES

GARLIC BREAD

SWEET POTATO FRIES

### ALLERGENS

Allergens 1. Gluten 1a. Wheat 1b. Oatmeal  
2. Crustaceans 3. Eggs 4. Fish 5. Peanuts  
6. Soybeans 7. Milk 7a. Cream 7b. Cheese  
7c. Butter 8. Nuts 9. Celery 10. Mustard  
11. Sesame Seeds 12. Sulphur Dioxide 13.  
Lupin 14. Molluscs 15.

## MAIN COURSES

### THE PROMENADE BURGER — 16.95

Two 4oz beef patties with lettuce, pickle  
with promenade burger sauce.  
Add cheese 0.50 | Add bacon 1.00  
Contains (1, 3, 6, 7, 10)

### CAJUN CHICKEN BURGER — 16.95

Cajun spiced breast served in a brioche  
bun, baby leaf salad, cajun mayonnaise  
Add cheese 0.50 | Add bacon 1.00  
Contains (1, 6, 10, 11, 13)

### ROAST OF THE DAY — 13.50 | 17.50

Joint of the day, Yorkshire pudding, mash  
potatoes, roast potatoes, glazed carrots,  
stuffing and homemade gravy  
Contains (1, 3, 7, 9)

### THAI RED CURRY — 14.95

Traditional thai red curry, basmati rice  
Add chicken 3.00 | Add prawns 5.00  
Contains (1, 2, 4)

### SCAMPI — 17.95

Panko breaded scampi, served with fries  
and a lemon and dill aioli  
Contains (1, 3, 4)

### PENNE PESTO — 14.95

Creamy pesto sauce, cherry tomato,  
parmesan shavings and garlic ciabatta  
Add chicken 3.00 | Add prawns 5.00  
Contains (1, 7)

### CARBONARA — 14.95

Creamy penne pasta, served with  
mushroom, bacon & garlic ciabatta  
Add chicken 3.00 | Add prawns 5.00  
Contains (1, 7)

### CAESAR SALAD — 11.95

Served with baby gem lettuce, croutons,  
crispy pancetta and parmesan cheese with  
a Caesar dressing  
Add chicken 3.00 | Add prawns 5.00  
Contains (1, 3, 7, 11)

### FISH & CHIPS — 17.95

Crispy battered fish served with crushed  
peas & tartare sauce  
Contains (1, 3, 4)

### CHICKEN GOUJONS — 14.95

Served with fries, house salad &  
garlic mayonnaise  
Contains (1, 3, 7)

## KIDS MENU

### MEAL, DRINK & ICE CREAM — 8.95

#### SAUSAGE & CHIPS

Contains (1, 3, 7)

#### PENNE PASTA (TOMATO SAUCE)

Contains (1, 3)

#### BURGER & CHIPS

Contains (1)

#### GOUJONS & CHIPS

Contains (1, 10)

#### NACHOS & CHEESE SAUCE

Contains (1, 13, 10)

### DIPS & SAUCES

#### ALL DIPS — 2

GARLIC MAYO  
GRAVY

PEPPER SAUCE  
BLUE CHEESE

CAJUN MAYO  
HOT & SPICY

HOUSE SLAW  
BURGER SAUCE

## COCKTAILS

### MOJITO — 12.00

Rum, fresh lime wedges, mint leaves, sugar syrup, topped with soda water

### THE PROM LADY — 12.00

Gin, Fresh lime juice, Passion fruit puree, Raspberry puree, Prosecco top

### ESPRESSO MARTINI — 12.00

Smirnoff Vodka, Kahlua, Espresso shot and Sugar Syrup

### APEROL SPRITZ — 11.00

Aperol, prosecco, soda water

### PORNSTAR MARTINI — 12.00

Vanilla vodka, fresh lime juice, passion fruit purée, Prosecco top

### DAIQUIRI — 12.00

Rum, fresh lime juice. Choice of flavour strawberry, passion fruit or raspberry

### COSMOPOLITAN — 12.00

Vodka, triple sec, Fresh lime juice, cranberry juice

### MARGARITA — 12.00

Tequila, triple sec, Fresh lime juice

## WHITE WINE

PIERRE CHAINIER SAUVIGNON BLANC — 7.00/27.00

ROLAND BOUCHACOURT CHARDONNAY — 7.00/27.00

VIGNETI DELLA VENEZIE PINOT GRIGIO — 7.00/27.00

NEW ZEALAND SAUVIGNON BLANC — 8.00/31.00

## RED WINE

BELLES DU SUD CABERNET SAUVIGNON — 7.00/27.00

KOLINAS MERLOT — 7.00/27.00

PAARL HEIGHTS SHIRAZ — 7.00/27.00

RIOJA BORDON CRIANZA — 8.00/31.00

## ROSE WINE

ROSE — 7.00/27.00

Chile

## BUBBLES

BAROCCO PROSECCO — 9.00/30.00  
(SNIPÉ)

Veneto, Italy

## DESSERTS

ALL DESSERTS — 7.50

### APPLE PIE

Served with custard & vanilla ice cream

Contains (1, 3, 7)

### BROWNIE

Served with Chocolate brownie vanilla ice cream & fresh cream

Contains (1, 3, 7)

### CHEESECAKE OF THE DAY

Served with vanilla ice cream & fresh cream

Contains (1, 3, 7)

## ALLERGENS

Allergens 1. Gluten 1a. Wheat 1b. Oatmeal 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk 7a. Cream 7b. Cheese 7c. Butter 8. Nuts 9. Celery 10. Mustard 11. Sesame Seeds 12. Sulphur Dioxide 13. Lupin 14. Molluscs 15.



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