

## BREAKFAST MENU

from 9.00am - 10.30am

### FULL IRISH BREAKFAST

O'Brien's Irish pork sausages, double bacon, egg, baked beans, Clonakilty black and white pudding, sauteed potatoes, choice of toast or homemade brown bread (G.Wheat. E. MK. SP)

11.00

### MINI IRISH BREAKFAST

O'Brien's Irish pork sausage, bacon, egg, Clonakilty black and white pudding, choice of toast or homemade brown bread (G.Wheat. E. MK. SP)

9.00

### VEGETARIAN BREAKFAST

Egg, baked beans, mushroom sautéed potato, cherry tomato & avocado, choice of toast or homemade brown bread (G.Wheat. E. MK. SP)

9.00

## EGGS

<b>Eggs Benedict</b> poached eggs with bacon served on an English muffin with hollandaise sauce (G.Wheat, E, MK)	11.00	<b>Avocado</b> with fresh lime, poached egg, cherry tomatoes on grilled sourdough (G.Wheat, E, SS)	9.00
<b>Eggs Royale</b> poached eggs with Kenmare smoked salmon served on an English muffin with hollandaise sauce (F. G.Wheat, E, MK)	12.50	<b>3 Egg Omelette</b> with choice of ham, chorizo, cheddar cheese, tomato & mushroom (MK, E)	9.00
<b>Colombian Eggs</b> scrambled eggs with tomato & spring onion served with avocado on toasted sourdough (G.Wheat, E, MK. SS)	9.00	<b>2 Eggs any style</b> (fried/ scrambled/ poached/ on toasted sourdough (G.Wheat, E, SS)	7.50
<b>Steak &amp; Eggs</b> 4oz sirloin steak served with choice of eggs fried or poached (E)	12.50		

## LIGHT & HEALTHY

<b>Organic porridge Oat.</b> Made on water or oat milk, and a choice of mixed berry compote or Honey & nuts (G.Wheat, N, MK) (allow 10/15 minutes)	4.00	<b>{V} Pancakes</b> Choose your topping Nutella, maple syrup, lemon, honey (N, E, D) Choose your side, Greek yoghurt, banana, mixed berries (N, E, D) Add bacon 2.00/egg 1.00	Kids 4.00 Adults 7.00
<b>(VE) Organic Mixed Beans &amp; Tofu Scramble</b> Roast Peppers & Cherry Tomatoes Scramble & Marinated Tofu(contains Sp)	10.00	<b>Grilled Halloumi</b> poached egg, cherry tomato marinade, lime, & chilli served on sourdough (E, D)	9.00
<b>Langton's Granola with Greek Yoghurt</b> yoghurt & mixed berry compote (G.Wheat, N, SS. MK)	4.50		
<b>Smoked Salmon</b> with homemade brown bread, mixed greens & lemon (G.Wheat, F)	10.00		

COFFEE TO GO

LUNCH, AFTERNOON TEA & BAR A LA CARTE MENU AVAILABLE

BOOKINGS CALL 056 7765133

## PASTRIES & TOAST

<b>Freshly Baked Scone</b> served with butter, cream and preserves (G.Wheat. E. MK)	3.00	<b>French Toast</b> & maple syrup (G.Wheat. MK. D) Add bacon (SP)	7.00 add 2.00
<b>Butter Croissant</b> served with preserves (G.Wheat. E. MK)	2.50	<b>Langtons homemade brown bread</b> (G.Wheat)	2.50
<b>Mini pastries</b> mini pain au chocolat, mini croissant (G.Wheat. N. MK)	3.00	<b>Tea &amp; Toast</b> (G.Wheat.) cappuccino, latte	4.50 add .75c

## JUICES

<b>Freshly squeezed orange juice</b> 3.00	<b>Apple Juice</b> 3.00	<b>Cranberry Juice</b> 3.40
--	----------------------------	--------------------------------

### THE LANGTON TEA SELECTION

<b>GREEN TEA LUPONDE</b> The cup is fresh & light with an exotic taste.	2.70
<b>WHOLE PEPPERMINT TEA</b> Amazing Whole Peppermint leaves, handled with care to retain freshness by not crushing the leaf. A best seller from Suki Tea. Caffeine Free.	2.70
<b>EARL GREY BLUE FLOWER TEA</b> Earl Grey tea is a tea blend which has been flavoured with the addition of oil of bergamot.	2.70
<b>LEMONGRASS &amp; GINGER TEA</b> A Thai-inspired lightly spiced tea with a warmth of ginger and peppercorns, the freshness of lemongrass and the lingering aftertaste of liquorice root & mint.	2.70
<b>MANGO TANGO</b> Chunky pieces of mango and pineapple combined with a sweet black leaf tea and yellow sunflower blossoms. Can be enjoyed with or without milk.	2.70
<b>APPLE LOVES MINT TEA</b> Apple loves mint tea is inspired by a bag of sweets. A beautiful tea, complete with rose buds. This mint tea has apple and playful papaya sweetness, a subtle hint of rose blossom, then mint finish. Caffeine free	2.70
<b>CHAMOMILE TEA</b> An herbal tea infusion of 100% pure Chamomile blossom. Excellent for calming and soothing the mind & body.	2.70
<b>ORGANIC ROOIBOS TEA</b> The healthy one. Redbush Tea is known for its medicinal qualities. Caffeine Free	2.70

### CAFÉ BEVERAGE SELECTION

<b>AMERICANO</b> A black coffee made using tiki espresso beans mellowed with hot water			3.00
<b>LATTE</b> A black coffee made using tiki espresso beans mellowed with hot milk			3.40
<b>CAPPUCCINO</b> A strong espresso shot combined with smooth textured milk and sprinkle of chocolate			3.40
<b>FLAT WHITE</b> Just like a latte but with less milk, giving you that extra coffee hit			3.20
<b>ESPRESSO</b>			2.50
<b>DOUBLE ESPRESSO</b> A full flavoured single or double shot of tiki coffee			3.00
<b>MOCHA</b> A chocolate coffee drink: espresso, chocolate & smooth textured milk			3.40
<b>CORTADO</b> Double espresso shot same amount of milk with foam			3.40
<b>MACCHIATTO</b>			
<b>Single:</b> Espresso shot of coffee with teaspoon of hot milk & foam			2.60
<b>Double:</b> Double espresso shot of coffee with two teaspoons of hot milk & foam			3.40
<b>HOT CHOCOLATE</b> A mug of rich hot chocolate topped with cream & marshmallows or smooth textured milk			3.40

*DECAFE COFFEE  
available*