

# THE PLOUGH INN

## STARTERS

SOURDOUGH BREAD, TARRAGON BUTTER, AGED BALSAMIC & VIRGIN OLIVE OIL V	£ 5.95
LOCAL PUMPKIN SOUP, TOASTED SEEDS, SOURDOUGH & TARRAGON BUTTER V/VG	£ 7.95
PAN-SEARED SCALLOPS, AIR-DRIED HAM, BLACK PUDDING & CELERIAC PUREE	£ 12.95
DUCK LIVER PARFAIT, WINTER SPICED PLUM CHUTNEY & TOASTED BRIOCHE	£ 8.95
SALT-BAKED LOCAL BEETROOT, BRIGHTON BLUE, PICKLED WALNUT & WATERCRESS V	£ 8.95
POTTED BROWN CRAB, LATE SEASON CUCUMBER & SOURDOUGH BREAD	£ 9.95

## SUNDAY MAINS

BEER BATTERED FRESH COD TC CHIPS, TARTAR SAUCE & REAL MUSHY PEAS	£ 15.95
ALL OF OUR ROASTS ARE SERVED WITH SEASONAL VEG, ROAST POTATOES, HERB YORKSHIRE AND REAL GRAVY	
DRY AGED RUMP OF DEDHAM VALE BEEF	£ 18.95
SLOW ROAST ROLLED BELLY OF DINGLEY DELL PORK	£ 17.95
ROAST & ROLLED SHOULDER OF SOUTH DOWNS LAMB	£ 17.95
ROAST SQUASH, WALNUT & MUSHROOM WELLINGTON	£ 16.95
ALL THREE MEATS	£ 24.00

## BURGERS

OUR BURGERS ARE ALL SERVED ON MAMOOSH BRIOCHE AND  
VEGAN BRIOCHE BUNS WITH TRIPLE COOKED CHIPS

DRY-AGED BEEF RIB & CHUCK BURGER, CHIPOTLE RELISH & CRISPY ONIONS	£ 15.95
FREE-RANGE FRIED CHICKEN THIGH BURGER, CHIPOTLE RELISH & CRISPY ONIONS	£ 15.95
SUSSEX HALLOUMI CHEESE & MUSHROOM BURGER, RELISH & CRISPY ONIONS	£ 15.25
VEGAN FRIED JACKFRUIT BURGER, CHIPOTLE RELISH & CRISPY ONIONS	£ 15.25
ADD MONTY JACK CHEESE, CRISPY BACON OR ANY OF OUR DELI BOARD CHEESES FOR £1.50	

## DESSERTS

STICKY TOFFEE & DATE PUDDING, SALTED CARAMEL & CLOTTED CREAM ICE CREAM	£ 8.95
TONKA BEAN CREME BRULEE, PINK PEPPER SHORTBREAD & BURNT SUGAR	£ 7.95
SALTED CHOCOLATE DELICE, HAZELNUT PRALINE & CREME FRAICHE	£ 7.95
ARTISAN CHEESES, CRACKERS, WALNUT BREAD, DAMSON JELLY & PICKLED WALNUT	£ 9.95



TABLE TALK  
FOUNDATION

THE PLOUGH IS SUPPORTING THE TABLE TALK FOUNDATION  
£2 FROM EVERY LABELLED DISH WILL GO STRAIGHT TO CHARITY

Table Talk Foundation raises funds to support food  
education in Sussex for the next generation, and to support  
our local hospitality industry.

**Please speak to a member of staff if you have an allergy and require information about the allergens in our dishes.**

Please note we have taken all reasonable steps to avoid the unintentional presence of allergens however we cannot guarantee that products are 100 percent free from the 14 main allergens owing to cross-contamination. The Food Standards Agency advises that the consumption of raw or less than thoroughly cooked products of animal origin, such as meat, offal, fish and shellfish or less than thoroughly cooked burgers] increase your risk of illness. This especially applies to children, pregnant women, the elderly and those with weakened immune systems.

## SUNDAY SIDE DISHES

KOFFMAN'S TRIPLE COOKED CHIPS VG

£ 4

TRIPLE COOKED CHEDDAR CHEESY CHIPS V

£ 5

PORK & APRICOT STUFFING BALLS

£ 4

CAULIFLOWER & SUSSEX CHARMER CHEESE V

£ 4

CUMBERLAND PIGS IN BLANKETS

£ 4

## DELI BOARDS

START WITH BREADS & PICKLES FOR £6, THEN  
CHOOSE FROM THE FOLLOWING FOR £4 EACH

### BRITISH CURED MEATS

BEALS MANGALITSA HAM - SERRANO STYLE HAM FROM BEALS FARM IN SUSSEX

GARLIC & PEPPER SALAMI - A CLASSIC SALAMI FROM BEN AT SALT PIG IN THE COTSWOLDS

SOUTH DOWNS CHORIZO - A SEMI-SOFT CHORIZO FROM CALCOT FARM IN SUSSEX

RETIRED DAIRY BEEF - A SWEET AND PUNCHY CURED BEEF LOIN FROM TEMPUS IN SURREY

FENNEL SALAMI - A LARGE-FORMAT TRADITIONAL FENNEL SALAMI FROM STEYNING

### ARTISAN BRITISH CHEESES

CHARCOAL CHEDDAR - SHARP, CREAMY CHEDDAR FROM YORKSHIRE V

PEVENSEY BLUE CHEESE - A BRAND NEW CREAMY PIQUANT CHEESE MADE IN SUSSEX

SUSSEX BRIE - CREAMY BRIE DE MEAUX STYLE CHEESE FROM ALSOP & WALKER IN SUSSEX V

MONTGOMERY CHEDDAR - A TRADITIONAL CLOTH-BOUND CHEDDAR FROM SOMERSET

BEAUVALE BLUE - SOFT AND CREAMY GORGONZOLA STYLE CHEESE FROM CROPWELL BISHOP

## SUNDAY ROASTS AT THE PLOUGH INN

WE OFFER A SELECTION OF LOCALLY SOURCED ROASTED MEATS & A VEGETARIAN  
OPTIONS AS WELL AS OUR STARTERS & DESSERTS EVERY SUNDAY!

**BOOKING ADVISABLE**

SUNDAY ROASTS SERVED 12 - 7PM

CALL US ON 01273 390635

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND  
REQUIRE INFORMATION ABOUT THE ALLERGENS IN OUR DISHES.



VICARAGE LANE, ROTTINGDEAN  
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