

SUNDAY LUNCH MENU



PRE APPETIT

MIXED OLIVES £4.50 * RUSTIC BREAD, OLIVE OIL & BALSAMIC
£4.50 * GARLIC FLATBREAD & HUMMUS £7.00 **(10 MIN WAIT)**

STARTERS

CHEF'S SOUP OF THE DAY WITH RUSTIC BREAD £7.00 **(V)**

DEEP FRIED BRIE WITH RASPBERRY COULIS £8.50 **(V)**

SMOKED SALMON AND CRAYFISH TIAN WITH AVOCADO £9.00 **(GF)**

SCOTCH EGG WITH TOASTED SOLDIERS & PICCALILLI £8.50

WILD MUSHROOM RISOTTO WITH ROCKET AND PARMESAN £9.00
(GF/V)

MALAYSIAN CHICKEN SATAY WITH PEANUT SAUCE £8.50 **(GF)**

STIR-FRIED TIGER PRAWNS WITH GARLIC, CHILLI & LEMON
(S) £9.50/**(M)** £18.00 **(GF)**

PAN FRIED SCALLOPS WITH PEA PUREE, TOMATO & PANCETTA
(S) £13.00/**(M)** £20.00 **(GF)**

MAINS

ROAST BEEF £17.00

ROAST TURKEY BREAST & STUFFING £14.50

HOMEMADE NUT ROAST £13.00 **(V)**

(ALL OF THE ABOVE WITH YORKSHIRE PUDDING, ROAST POTATOES & MIXED VEGETABLES)

PAN FRIED SEABASS WITH CRAYFISH SAFFRON RISOTTO £21.00 **(GF)**

KING PRAWN LINGUINI WITH HAND PULLED NOODLES, CHILLI, GARLIC &
PARMESAN £18.00

GIBSON'S LINCOLNSHIRE SAUSAGES WITH MASH & ONION GRAVY £14.50

CHICKEN ESCALOPE BURGER WITH COLESLAW & FRENCH FRIES £13.50

COD FISHFINGERS WITH CHUNKY CHIPS PEAS & TARTAR SAUCE £15.00

THE BEAR BURGER WITH COLESLAW & FRENCH FRIES £13.50

(Supplement of £1 each - Cheese and or Bacon)

MISO GLAZED FILLET OF SALMON WITH SESAME WILTED GREENS & CHILLI £18.00
(GF)

JERK VEGAN STEW WITH BIRYANI RICE £15.50 **(VE/V)**

DESSERTS £6.95

CREME BRULEE OF THE DAY

STICKY TOFFEE PUDDING WITH CUSTARD OR ICE CREAM

THE BEAR CHOCOLATE BROWNIE WITH VANILLA ICE CREAM

THE BEAR BANOFFEE PIE

APPLE CRUMBLE WITH CUSTARD OR VANILLA ICE CREAM

CHEESE BOARD
WITH BRIE,
CHEDDAR, RED
LEICESTER &
STILTON + CELERY,
APPLE, CHUTNEY &
CRACKERS **£8.95**

SELECTION
OF ICE
CREAMS
VANILLA,
CHOCOLATE,
STRAWBERRY
OR SORBETS
£4.95

SELECTION
OF SORBETS
LEMON,
RASPBERRY,
MANGO
£4.95

SIDES

EXTRA GRAVY £1.50

EXTRA YORKSHIRE £3.00

EXTRA POTATOES £3.00

EXTRA VEG £3.00

GF = Gluten Free, V = Vegetarian, VE = Vegan (S) = Starter Portion, (M) = Main Portion. Please let a staff member know if you have any allergies or intolerances before you order your food. Please be aware food is prepared in a multi preparation environment, so although we take care to not cross contaminate food, it is possible. Please note that service charge is applied to all tables of 5+. Thank You, The Bear Inn