

EVENING
MENU
 17.30 - 20.30 DAILY

SHARING PLATES

Côte de Boeuf | 85 - *sharer for two people*
 Choose any three sides of your choice

Seafood Sharer | Market Price - *sharer for two people*
 Locally caught seafood selection of the day
 Choose any three sides of your choice

APPETISERS

Focaccia Bread | VG | 5.5

Mixed Marinated Olives | VG | 5

Padron Peppers | VG | 5.5

STARTERS

Soup of the Day | VGO | 8.5
 Artisan bread, salted butter

Tomato & Mozzarella Salad | 10
 Rocket, pesto, walnuts

Pan Seared Scallops | 15
 Celeriac puree, seaweed beurre blanc

Harissa Prawns | 13.5
 Sweet chilli, salad

Crispy Pork Belly | 11.5
 Butternut purée, charred pak choi, apple sauce

Crispy Squid | 12
 Lime and coriander mayonnaise

Deep Fried Whitebait | 11
 Lightly spiced whitebait, cajun spice

Arancini Balls | VG | 10
 Butternut squash, garlic aioli, rocket

BURGERS

Constantine Burger | 18.5
 Streaky bacon, chorizo jam, gherkin, cheese, salad, fries
 ADD pulled pork 3

Moving Mountains Plant Burger | VG | 16.5
 Plant-based burger, vegan mayonnaise, red onion, gherkin, vegan cheese, salad, fries

Chicken Burger | 18.5
 Grilled chicken fillet, tomato, lettuce, aioli, fries
 ADD pulled pork 3 | ADD bacon 1.5

MAINS

St Austell Bay Mussels | 17
 Moules mariniere

Catch of the Day | Market Price
 Fresh locally sourced fish from the Padstow area

Roasted Cod | 22
 Watercress sauce, pancetta

Stuffed Chicken Ballotine | 15
 Spinach, mozzarella, wild mushroom sauce

8oz Sirloin Steak | 27
 Slow-roasted beef tomato, rocket
 ADD blue cheese sauce 3 | ADD peppercorn sauce 3

MAINS CONTINUED...

Crab & Prawn Linguini | 25
 Cornish crab, tiger prawns, garlic, chilli, white wine, lemon, cherry tomatoes
 ADD Mussels 5

Thai Green Vegetable Curry | 19
 Rice, poppadom, chutney
 ADD chicken 3 | ADD prawns 4

Constantine Fish & Chips | 19
 Minted peas, tartar sauce, lemon

Banana Blossom 'Fish' & Chips | VG | 15
 Minted peas, vegan tartare sauce, lemon

Super Food Bowl | VG | 17
 Quinoa, broccoli, spinach, avocado, red cabbage, peas, cucumber, sprouted greens, courgette, onion, olives, mint, basil, dressing
 ADD chicken 3 | ADD halloumi 4 | ADD prawns 4

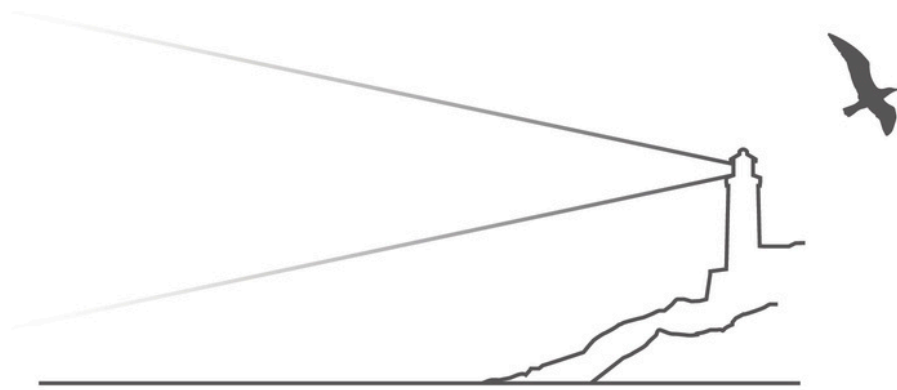
SIDES - 1 SIDE 4.5 - 3 SIDES 12 - 5 SIDES 20

Tenderstem Broccoli & Roasted Almonds | VG
 Fine beans & Crispy Onions | VG
 Seasonal Vegetables | VG
 New Potatoes | VG

Green Salad | VG
 Chunky Chips | VG
 Skinny Fries | VG
 Cajun Halloumi Fries
 Onion Rings | VG

ALLERGEN INFORMATION | VG - VEGAN | VGO - VEGAN OPTION AVAILABLE

TEAM REWARD | WE WILL ADD A DISCRETIONARY 10% TO YOUR BILL | 100% WILL BE SHARED WITH TODAY'S TEAM



CONSTANTINE
RESTAURANT