

# THE LIGHTHOUSE

Seaside Bar + Dining

## BREAKFAST

Breakfast Served 9-11am

Last orders to the kitchen strictly by 11am to ensure our Chefs have time to prepare for lunch!

**The Titanic Breakfast**, 2 Butcher's Sausages, Thick Cut Back Bacon, Grilled Tomato, Field Mushroom, Beans, 2 Fried Eggs, Hash Browns, Black Pudding, Brown or White Bloomer or Sourdough Toast **£15.5**

**The Full Lighthouse**, Butcher's Sausage, Thick Cut Back Bacon, Grilled Tomato, Field Mushroom, Beans, Fried Egg, Brown or White Bloomer or Sourdough Toast **£10.5**

**Vegan Breakfast**, Avocado, Vegan Sausage, Grilled Tomato, Field Mushroom, Beans, Brown or White Bloomer or Sourdough (ve) **£8.5**  
Add Fried Egg **£1.5** Add Halloumi **£3**

**Smoked Salmon + Scrambled Eggs** on Sourdough **£9.5**

**Lighthouse Eggs Benedict**, Poached Eggs, Muffin, Hollandaise  
Choose from: Classic Benedict **£9** | Smoked Salmon **£10** | Smashed Avo + Crab **£11**

**Bacon Ciabatta** **£6.5**

**Sausage or Vegan Sausage Ciabatta** **£7**

Add Fried Egg **£1.5**

 Available until 12pm

**Classic American Pancakes**

Thick Cut Bacon, Maple Syrup **£7**

or Yoghurt, Maple Syrup, Blueberry Compote (v) **£6.5**

**Smashed Avo + Poached Eggs** on Sourdough (v) **£8**

**Toast**, Tiptree Marmalade | Tiptree Strawberry Jam | Marmite (v) **£3.5**

**Sorry, no swaps!** But we can add items to your Breakfast from the items listed:

Black Pudding | Thick Cut Back Bacon  
Grilled Tomato | Field Mushroom | Beans  
Fried or Poached Egg  
**£1.5 each**

Butcher's Sausage | Scrambled Eggs  
Halloumi | Smashed Avo | Hash Browns  
**£3 each**

Swap your sourdough or bloomer for gluten free toast - just ask a member of the team

## SUBS

Available from 12pm

All served with homemade slaw

**Homemade Fish Finger**, Lettuce, Tartare **£9**

**Vegan 'Fish Finger'**, Lettuce, Tartare (ve) **£8.5**

**Cheddar + Tomato**, House Chutney (v) **£7.5**

**Prawn + Smoked Salmon Cocktail**, Lettuce **£9**

**Chicken**, Smashed Avo, Mango Chutney + Rocket **£9**

Please let a member of the team know if you have any allergies or intolerances as not all dishes state the full ingredients list. All food is freshly prepared in our kitchen, and as such traces of allergens may be present in all dishes.'

gf=gluten free p=plant based alternative available ve=vegan

## SHARERS + SIDES

Available from 12pm

**Plant Platter**, Smoked Tofu, Pickled Beetroot Shallots, Hummus, Falafel, Olives, Toasted Ciabatta, Olive Oil + Balsamic (ve) **£15.5**

**Fishy Board**, Tempura Prawns + Sweet Chilli Sauce, Homemade Fish Goujons + Tartare, Smoked Mackerel Paté, Pickled Shallots, Toasted Ciabatta **£23.5**

**Charcuterie Board**, Serrano Ham, Chorizo, Salami, Cornichons, Olives, Toasted Ciabatta **£20**

### SIDES

Skinny Fries (gf) | Chunky Chips (gf) | Garlic Bread

Seasonal Greens (gf) | Salad (gf) **All £4.5 Each**

**Cajun Dirty Fries**, Onion, Chorizo, Cheese (gf) **£6.5**

## HOT DRINKS

Speciality Tea - Breakfast | Decaf  
Earl Grey | Green | Red Berry + Flower  
Lemongrass + Ginger | Chamomile | Peppermint **£2.35**

Single Espresso **£2.55** | Americano **£2.9** | Mocha **£3.3**  
Double Espresso **£2.9** | Cappuccino **£3.25**  
Latte **£3.25** | Flat White **£3.25** | Hot Chocolate **£3.3**

Add syrup **70p**

Hazelnut | Vanilla | Caramel

## SMOOTHIES

**Berry-licious** Raspberries, Strawberries + Blackberries **£4.75**

**Groovy Green** Kale, Spinach, Mango + Apple **£4.75**

## MILKSHAKES

Salted Caramel **£4.75** Chocolate Shake (p) **£4.75**

Cookies + Cream **£4.75** Strawberry Whip **£4.75**

## SOFTS

Coca Cola Half **£2.4** | Pint **£4.3**

Diet Coke, Coke Zero, Lemonade,  
Fanta Half **£2.25** | Pint **£4.1**

Lime + Soda Half **£1.9** | Pint **£3.3**

Bundaberg Ginger Beer **£4.5**

Juices - Choose from Orange | Apple | Pineapple  
Cranberry | Tomato **£3.25**

San Pellegrino Limonata or Aranciata **£3.2**

Lighthouse Elderflower Fizz **£3.5**

Lighthouse Sparkling Apple **£3.5**

## POSH SOFTS

**Pink Lemonade**, Muddled Lemons, Raspberries,  
Fever-Tree Ginger Ale **£5.5**

**New London Cooler**, Salcombe New London Light 0% alcohol gin, Elderflower, Blueberries, Shredded Cucumber, Fever-Tree Lemonade **£6.5**

**Passion Fruit Virgin Mojito**, Passion Fruit Puree,  
Lime, Mint, Sugar, Soda **£6**

**Virgin Coconut + Pineapple Margarita**, Pineapple,  
Apple, Coconut Syrup, Fresh Lime **£6.5**



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## STARTERS

- Tempura Prawns**, Sweet Chilli Sauce (gf) **£11**
- Salt + Chilli Chicken**, Lime Mayo **£9**
- Fish Taco**, Chilli, Ginger + Lime, Pickled Beetroot Shallots, Peri Peri Sauce, Salad (gf) **£9.5**
- Smoked Tofu Taco**, Pickled Beetroot Shallots, Peri Peri Sauce, Salad (ve) **£9**
- Smoked Mackerel Paté**, Pickled Vegetables, Crostini **£8.5**
- Smoked Salmon + Prawn Cocktail**, Baby Gem, Cherry Tomatoes, Crostini **£9.5**
- Classic Breaded Whitebait**, Lime Mayo **£8**
- Goats Cheese + Watermelon Salad**, Maple + Rosemary Dressing (v, gf, p) **£8.5**

## MAINS

- Crab + Prawn Spaghetti**, White Wine Cream + Chilli Sauce **£20**
- Lighthouse Fishcakes**, Sweet Chilli Mayo, Fries, Salad **£18**
- Katsu Chicken Curry**, Basmati Rice, Pineapple Salsa **£17**
- Seafood + Chorizo Paella**, Charred Lemon (gf) **£19.5**
- Smoked Tofu + Mediterranean Vegetable Paella**, Charred Lemon (ve) **£16**
- Catch of the Day**, Sauteed New Potatoes, Greens, Caper Butter (gf) **£ Market Price**
- 8oz Fillet Steak**, Seasonal Greens, Grilled Tomato, Chunky Chips (gf) **£33**  
Add Peppercorn Sauce **£3.5** | Add Tempura Prawns **£5**
- Classic Beer Battered Haddock + Chips**, Peas, Tartare **£18.5**
- Beer Battered Vegan 'Fish' + Chips**, Peas, Tartare (ve) **£16.5**
- Lighthouse Summer Salad**, Mango, Coconut, Mixed Leaf, Pomegranate, Maple + Sriracha Dressing (gf)  
**Choose from**  
Goats Cheese | Vegan Feta | Smoked Salmon | Chicken Breast **£17.5**
- Lighthouse Burgers**  
Served in a Pretzel Bun, Lettuce, Tomato, Skinny Fries, Slaw  
**Choose from:**  
**Butcher's Beef Burger**, Burger Sauce **£17**  
**Tex Mex Chicken Burger**, Spicy Guacamole, Jalapenos, Sour Cream **£17**  
**Moving Mountain Vegan Burger**, Burger Sauce (ve) **£16**

Why not add? 🍷

- Bacon | Chorizo | Cheddar | Applewood Vegan Cheese **£1.5** each
- Blue Cheese **£2.5** | Extra Patty **£4.5**

gf=gluten free p=plant based alternative available ve=vegan

Lunch is served 12-3  
Dinner is served 5.30-8.45  
Food is served all day on Saturdays + Sundays

## SHARERS + SIDES

- Plant Platter**, Smoked Tofu, Pickled Beetroot Shallots, Hummus, Falafel, Olives, Toasted Ciabatta, Olive Oil + Balsamic (ve) **£15.5**
- Fishy Board**, Tempura Prawns + Sweet Chilli Sauce, Homemade Fish Goujons + Tartare, Smoked Mackerel Paté, Pickled Shallots, Toasted Ciabatta **£23.5**
- Charcuterie Board**, Serrano Ham, Chorizo, Salami, Cornichons, Olives, Toasted Ciabatta **£20**
- SIDES**  
Skinny Fries (gf) | Chunky Chips (gf) | Garlic Bread Seasonal Greens (gf) | Salad (gf) **All £4.5 Each**
- Cajun Dirty Fries**, Onion, Chorizo, Cheese (gf) **£6.5**

## PUDS

- Biscoff Sundae**, Salted Caramel Ice Cream, Cream + Biscoff Sauce (p) **£8.5**
- Pina Colada Posset**, Pineapple Salsa (gf) **£8**
- White Chocolate Cheesecake**, Salted Caramel Popcorn **£8.5**
- Churros**, Chocolate Sauce, Cinnamon Sugar (ve) **£7.5**
- Knickerbocker Glory**, Fruit, Vanilla Ice Cream, Shortbread, Popping Candy, 99 Flake, Childhood Memories (gf) **£9**
- Marshfield Ice Cream Selection** - Choose 3 Scoops from: Chocolate, Vanilla, Strawberry, Salted Caramel, Mango Sorbet, Banana, Mint Choc Chip, Raspberry Sorbet (gf) (p) **£7**

### SUMMER SUNDOWNERS

Enjoy live music on our terrace every Friday evening throughout the summer from 6pm.

Ask a member of the team for more details

Running from Friday 24th May - Friday 30th August



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## COCKTAILS

- Espresso Martini**, Café del Mar Vodka, Kahlua, Double Espresso **£11**
- Coconut + Pineapple Margarita**, Jose Cuervo, Cointreau, Fresh Lime, Pineapple Juice, Coconut Syrup **£10.5**
- Ocean Sour**, Black Cow Strawberry Vodka, Blue Curacao, Egg White, Sugar, Lemon Juice **£10.5**
- Lighthouse Basil Smash**, Flip Flop Gin, Basil, Lemon, Sugar **£11**
- Rosemary + Blackberry Bramble**, Café del Mar Gin, Crème de Mure, Lemon Juice, Rosemary, Blackberries **£10.5**
- Jungle Bird**, Kraken, Cranes Cranberry + Blood Orange Liqueur, Pineapple Juice, Fresh Lime **£11**
- Milford Mule**, Bacardi, Angostura Bitters, Mint, Fresh Lime, Ginger Ale **£10.5**
- El Morocco**, Courvoisier Cognac, Port, Cointreau, Pineapple Juice, Fresh Lime **£11**
- Cranberry Colada**, Bacardi, Disaronno, Strawberry Puree, Cranberry Juice, Coconut Syrup, Fresh Lime **£11**

## WINE

Wine by the glass - Ask a member of the team for our full wine list if you fancy something else!

### WHITE

	175ml	250ml	Bottle
<b>Cape Heights Sauvignon Blanc</b> <i>South Africa</i>	<b>£7.1</b>	<b>£8.25</b>	<b>£24</b>
<b>Cape Heights Chardonnay</b> <i>South Africa</i>	<b>£7.1</b>	<b>£8.25</b>	<b>£24</b>
<b>Mirabello Pinot Grigio</b> <i>Italy</i>	<b>£7.1</b>	<b>£8.25</b>	<b>£24</b>
<b>Whale Watcher Sauvignon Blanc</b> <i>New Zealand</i>	<b>£8.75</b>	<b>£10.1</b>	<b>£29.5</b>
<b>Picpoul de Pinet</b> <i>France</i>	<b>£9.1</b>	<b>£10.5</b>	<b>£31</b>

### RED

	175ml	250ml	Bottle
<b>Le Fou Pinot Noir</b> <i>France</i>	<b>£8.25</b>	<b>£9.75</b>	<b>£28.5</b>
<b>Cape Heights Merlot</b> <i>South Africa</i>	<b>£7.1</b>	<b>£8.25</b>	<b>£24</b>
<b>Bellefontaine Malbec</b> <i>France</i>	<b>£8.75</b>	<b>£10.1</b>	<b>£29.5</b>

### ROSÉ

	175ml	250ml	Bottle
<b>False Bay Cinsault Mourvedere Rosé</b> <i>South Africa</i>	<b>£7.1</b>	<b>£8.25</b>	<b>£24</b>
<b>Burlesque White Zinfandel</b> <i>California</i>	<b>£7.1</b>	<b>£8.25</b>	<b>£24</b>
<b>St Louis, Cote de Provence Rosé</b> <i>France</i>	<b>£9.15</b>	<b>£11.5</b>	<b>£34.5</b>

### FIZZ

- Mini Prosecco** (200ml) **£9.5**  
Brut or Rosé available

- Prosecco** **£30**
- Marlings English Sparkling Rosé** *Sway* **£50**