

# THE MARINA CLUB

## LUNCH MENU

Served from 12.30 to 17.00

### LOW & SLOW

DAILY COOKED IN OUR WOOD SMOKER

#### CHECK THE BLACKBOARDS FOR TODAY'S MEATS

##### Build your own sandwich:

Choose your freshly carved meat, fresh bread and sauces  
Waterford blaa, brioche bun or sourdough baguette  
BBQ sauce, guacamole, apple sauce, tomato relish,  
Summer salsa

*Served with a cup of chips and salad*

(Contains 1-wheat,3,6,7,10,12)

Or

Choose the traditional way  
Freshly carved with its gravy, vegetables and potatoes

(Contains 1-wheat,3,6,7,10,12)

14.90

17.90

### SANDWICHES

*All sandwiches are served with a cup of fries and salad*

#### THE CLUB - THE CLASSIC SANDWICH

Crispy smoked pancetta, chicken, egg  
and lettuce On crusty sourdough

(Contains 1-wheat,3,6,7,10,12)

14.90

#### CEASAR WRAP

Chicken goujon and Caesar salad wrap

(Contains 1-wheat,3,4,6,7,10,12)

11.90

#### OPEN SMASHED AVOCADO CIABATTA THE MODERN CLASSIC

Chili & lime infused, slow roast sweet peppers  
Fresh coriander spiced mayo

(Contains 1-wheat,3,6,7,10,12)

14.50

#### TOASTED SPECIAL

Hand carved ham and Horgan's cheddar  
Caramelised onion and mild mustard on sourdough bread

(Contains 1-wheat,3,7,10,12)

10.90

#### CREATE YOUR OWN

Chicken, pancetta, bacon, ham, tuna, cheddar,  
tomato, onion, salad, egg

Plain sandwich

Toasted sandwich

Wrap

Panini

(Contains 1-wheat,3,6,7,9,10,12)

10.50

10.90

10.90

11.50

#### ADD ONS

Cup of soup (Contains 1-wheat,7,9,12)

Bowl of soup (Contains 1-wheat,7,9,12)

3.50

6.00

### SEAFOOD

#### CRISPY CALAMARI

Herb breaded and fried  
Sweet chilli and lime vinaigrette  
(Contains 1-wheat,4,6,10,12)

sm 9.50 lg 14.50

#### SEAFOOD PLATTER TO SHARE

Zesty prawns, flaky salmon and crispy calamari  
Selection of dips and soda bread croutons

(Contains 1-wheat,oat,2,4,6,7,10,12)

14.50 per person

#### SHELLFISH LINGUINI

Fresh pasta tossed with steamed mussels and clams  
Tomatoes, pesto, topped with rock chives  
(Contains 1-wheat,2,4,6,7,8-pine,10,12,14)

18.50

### SALADS & SNACKS

#### TASTE OF SUMMER

Millhouse Farm organic leaves  
Summer vegetables, chargrilled and marinated  
Zesty lime and garlic dressing

(Contains 6,9,10,11,12) – Vegan

sm 9.90 lg 14.50

#### CAESAR SALAD

Crisp smoky pancetta and buttery focaccia fingers  
Our creamy house Caesar dressing tossed baby gem  
Served of course with heaps of parmesan shavings  
(Contains 1-wheat, barley,3,4,6,7,10,12)

sm 9.90 lg 14.50

#### COMPRESSED WATERMELON & GRAPE

Crumbled feta cheese and purple lime quinoa  
Summer mint gel, micro greens, sourdough croutons  
(Contains 6,12) - Vegan optional

sm 9.90 lg 14.50

Add chicken or vegan feta style cheese to above  
(Contains 6)

4.00

Add seared prawns to above  
(Contains 2,7)

6.00

#### CHICKEN PIRI PIRI SALAD

Warm chicken, Millhouse Farm dressed organic leaves  
Chilli and mango  
(Contains 9,10,12)

sm 12.90 lg 17.50

#### STICKY CHICKEN WINGS

Finished in our hot sauce  
Large portion served with fries  
(Contains 6,7,9,10,12)

sm 11.90 lg 17.90

In order to ensure equal service to all our customers we regret that we cannot split bills for parties of 8 or more.

All our beef and pork is of Irish origin unless stated otherwise and our chicken is of EU origin. Whilst every care is taken to ensure our dishes do not contain allergens other than listed for each dish, traces may be present due to the nature of our kitchens and operations.  
Please inform your server if you suffer from any food allergy or have other dietary requirements.

1-Cereals cont. Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soybeans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds  
12-Sulphites, 13-Lupins, 14-Molluscs

# THE MARINA CLUB

## LUNCH MENU

Served from 12.30 to 17.00

### SOUPS

**SOUP OF THE DAY** 7.90  
Made fresh daily – please enquire with your waiter for further details  
(Contains 1-wheat,6,7,9,12)

**SEAFOOD CHOWDER** 10.90  
Cream based chowder, served with salmon, white fish & mussels  
Served with brown bread  
(Contains 1-wheat,oat,2,3,4,6,7,9,12,14)

### PIZZA MENU - 12" STONE BAKED SOURDOUGH PIZZA

**CLASSIC MARGHERITA** 15.90  
San Marzano tomato sauce  
Our own cheese mix, sprinkled with fresh basil  
(Contains 1-wheat,oat,3,6,7,9,10,12)

**THE VEGAN** 15.90  
Jalapeno peppers and rocket  
Chunks of dried tomato, finished with vegan style cheese  
(Contains 1-wheat,oat,6,9,10,12)

**PULLED BBQ BEEF BRISKET** 16.90  
Our slow cooked smoky beef and Whiskey infused BBQ sauce  
Red onion and roast peppers  
(Contains 1-wheat,oat,6,7,9,10,12)

**WILD & WONDERFUL** 16.90  
Garryhinch mushroom, drizzles of wild garlic & rosemary oil  
Crumbled goats' cheese and dollops of caramelized red onion relish  
(Contains 1-wheat,oat,6,7,9,10,12)

**BUILD YOUR OWN PIZZA**  
*Choose any of the above and add the below at 1.00 EACH*  
Chicken, bacon, ham, pepperoni, salami, spiced beef, pineapple, onion, tomato, jalapeno, mushroom, sweetcorn, roasted peppers, rocket  
(Contains 10,12)

### SIDES

**Fries & truffle mayonnaise** 5.50  
(Contains 3,7,10,12)

**Bacon roast potatoes with parmesan** 4.50  
(Contains 7,9,12)

**Skin on Fries** 4.00  
(Contains 7,9,12)

**Roast plum cherry tomato & rucola salad** 4.50  
(Contains 12)

**Green asparagus tips in nutty butter** 5.00  
(Contains 7,8-almond)

**Butter seared onions** 4.00  
(Contains 7,9,12)

**Dirty fries** 4.50  
(Contains 6,9)

### HOT DISHES

**CRISPY SOLE FILLETS** 19.90  
Craft beer battered with herbs and golden fried  
Lemon and caper tartar sauce, skin on fries  
(Contains 1-wheat,3,4,6,7,10,12)

**HOUSE BEEF BURGER** 21.50  
Gilligan Farm patty topped with pulled brisket  
BBQ sauce and melting mozzarella, skin on fries  
(Contains 1-wheat,3,6,7,9,10,12)

**THE SPICY BUFFALO CHICKEN BURGER** 18.50  
Crispy coated chicken with buffalo sauce  
Brioche bun and fries  
(Contains 1-wheat,6,7,10,12)

**HEALTHY GREEN LENTIL & BUTTERNUT SQUASH CURRY** 16.90  
Chickpeas, fresh coriander, toasted cashew nuts  
Fragranced coconut & basmati rice  
(Contains 6,8-cashew,9,12) – Vegan

Add chicken or vegan feta style cheese to above 4.00  
(Contains 6)

Add seared prawns to above 6.00  
(Contains 2,7)

### DESSERTS

**SICILIAN LEMON CHEESECAKE** 8.90  
(Contains 1-wheat,6) - Vegan

**KNICKERBOCKER GLORY** 8.50  
Strawberry syrup, meringue and honeycomb  
(Contains 3,6,7)

**LEMON CURD ROULADE** 8.90  
Raspberry puree and chantilly cream  
(Contains 3,7,12)

**SALTED CARAMEL BROWNIE** 8.90  
Vanilla ice cream  
(Contains 1-wheat,3,7)

**BOULABAN ICE CREAM SELECTION** 8.50  
Please ask your server  
(Contains 1-wheat,3,6,7,8-various)

**APPLE CRUMBLE** 8.50  
Caramelized oat crumble and vanilla bean sauce  
(Contains 1-wheat,oat,3,6,7,12)

**IRISH FARMHOUSE CHEESE SELECTION** 14.50  
Grapes, celery, cheese biscuits and chutney  
(Contains 1-wheat,oat,rye,3,6,7,8-almond,hazelnut,9,10,11,12)

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