

LUNCH SELECTION

PICANHA (Cap of Rump)

This beautiful cut is the most authentic steak used for the traditional churrasco in Brazil.www Famed for its delicate, succulent texture and exceptional flavour.

CORDEIRO (Leg of Lamb)

This boneless leg of lamb is gently flavoured with our special mint marinade and grilled to perfection to make it a delicious tender and flavourful cut of meat.

PICANHA COM ALHO (Top Sirloin with garlic) Bite size portions of Brazil's favourite cut, seasoned with fresh garlic.

EVENING SELECTION (includes lunch selection)

PICANHA COM PIMENTA (Chilli Beef) Tender pieces of Picanha marinated in our special chilli sauce. A true taste sensation!

ALCATRA

(Rump)

COSTELA **DE PORCO**

BIFE ANCHO (Rib Eye)

The most desirable portion of the rib, grilled over direct heat to break down the marbling and deliver an unforgettable texture and distinct flavour.

CORAÇÃO **DE FRANGO**

(Chicken Hearts) A Brazilian delicacy delicious and tender.

RISOTO DE COGUMELO

VEGETARIAN / VEGAN / FISH

All suitable options from our salad bar

plus the following hot dishes

Mushroom Risotto V G Mixed mushroom and sun dried tomato risotto

MACARRÃO COM LEGUMES ASSADOS

Roasted vegetable Farfalle 🕡 D Roasted vegetables in a rich spiced tomato sauce folded into farfalle pasta and topped with sesame seeds

FILE DE DOURADA

Sea bass Fillet **G** Pan fried Seabass served with roast baby potatoes and roast vegetables

FILÉ DE SALMON

Salmon Fillet **G**

Pan fried Salmon served with roast baby potatoes and roast vegetables

MAMINHA

SOBRECOXA

DE FRANGO

(Chicken Thighs)

Lightly basted in

our special house

cooked over open

flames for perfection.

marinade and

A Brazilian churrasco signature cut, naturally lean with a distinctive meaty taste. Seasoned lightly with rock salt and olive oil and cooked to perfection.

(Pork Ribs)

ABACAXI

(Slow roated pineapple)

glazed pineapple slowly

roasted to create truly

Delicious cinnamon

explosive flavours.

The perfect way to

end a rodizio.

Tender and juicy pork ribs marinated in a special seasoning and slowly grilled to preserve their natural flavours.

FRANGO COM TOUCINHO

(Chicken with Bacon) Chicken breast morsels grilled and wrapped in sizzling bacon.

PORCO COM MEL

(Pork and honey) Moist and flavoursome this meaty pork loin is grilled and seasoned to perfection and is just simply delicious.

LET US KNOW IF YOU

RARE, MEDIUM **OR WELL DONE**

PREFER YOUR MEAT

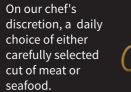
we are happy to serve all cuts, cooked to your taste

COM QUEIJO (Steak and Cheese) A delightful taste of rump tail mixed with chunks of Mozzerela.

LINGUIÇA GAUCHA

(Pork Sausage) A delicious Churrasco option known for its wonderfully robust flavour. South American recipe,

unique to Chamas.



CHEF'S SPECIAL

RODIZIO BAR & GRILL

Ask for your preferred cut to come out next

All our meats are served straight from the churrasco once they are ready by our gaúcho chefs in no particular order.

> Please feel free to ask for your favourite cut of meat to come out next.

*Gluten and dairy free options available. Please ask for more information



PAO DE ALHO (Garlic Bread)

Flavourful, crisp and simply delicious.









