

BREAKFAST



Toast & Preserves

sourdough, rye, quinoa & soy or gluten free (+ \$1)
choice of strawberry jam, marmalade, vegemite or peanut butter

Eggs on toast 16

free range eggs, cooked your way (poached, scrambled, fried)

SIDES & EXTRAS (add your favourite side to any item)

tomato relish	3
extra toast extra egg	4
marinated feta	5
kale field mushroom grilled tomato	6
bacon sausage avocado smoked salmon hash brown	8

Granola 21

house made granola, yoghurt, fresh fruit & choice of milk

Smashed Avocado 26

quinoa & soy bread, kale, feta, pistachio dukkah & poached eggs

Spoonbill Bowl (v) 23

ancient grains, avocado, broccoli, kale, beetroot hummus & tamari seeds

Omelette of The Day 25

Egg & Bacon Roll 17

brioche bun, bacon, 2 fried eggs, relish

Seasonal Fruit Salad 16

greek yoghurt, honey

Big Breakfast 29

sourdough, mushrooms, hash brown, sausage, tomato, bacon
(poached, scrambled, fried)

DRINKS

Coffee & Hot Beverages

latte | double espresso | long black | long macchiato | chai latte 5.0
hot chocolate | dirty chai 6.0

Size | Extras | Milk Preference

large | extra shot + 0.5
almond | soy | oat | lactose free + 0.5

Tea by Dilmah 5.0

english breakfast | earl grey | peppermint | jasmine
chamomile | lemon verbena | lychee & almond

Iced Beverages

iced latte | iced long black | iced chocolate | iced mocha 5.0

Freshly Squeezed Juice 10.0

orange | apple | celery | carrot | ginger

Bottled Juice

orange | apple | pineapple | tomato 6.0

Smoothies 13.0

Banana w/ oats, honey, oat milk

Green w/ spinach, apple, celery, almond milk

Milkshakes 13.0

chocolate | strawberry

Other Cold Drinks

(330mL bottle)- coke | coke no sugar | sprite | fanta | lift 6.0

still water 500ml | sparkling mineral water- 330ml 5.0

sparkling mineral water 750ml 11.0

Our team will make efforts to accommodate dietary requirements. However due to the shared production and serving environment, we cannot guarantee the complete omission of such allergens or foods which may cause an intolerance. Please inform us if you have a food allergy or intolerance.