

## drinks

fresh juice	12
orange, apple, celery, carrot, ginger	
smoothies	13
banana oat, honey	
green spinach, kale, pineapple and celery	
milkshakes	13
strawberry/chocolate	

## espresso coffee

black	6
white	6
extra shot	+1
almond/soy/oat/lactose free	+50

## hot beverage

dirty chai	7
hot chocolate	7
brewed tea	6

## iced beverage

latte/long black/chocolate/mocha	7
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## other options

coke/coke no sugar/sprite/lift	6
still/sparkling (per person)	6

## breakfast

big breakfast	31
sourdough, mushrooms, hash brown, sausage, tomato, bacon (poached, scrambled, fried)	
spoonbill bowl	29
ancient grains, avocado, broccoli, kale, beetroot hummus and temari seeds	
omelette of the day	28
smashed avocado	29
quinoa and soy bread, feta, pistachio dukkah and poached eggs	
chorizo, chilli scrambled	28
chilli, sourdough and avocado	
eggs ranchero	29
eggs cooked in a chilli, capsicum and tomato sugo, served with pita bread	
granola	25
house made granola, yoghurt, fresh fruit and choice of milk	
egg and bacon roll	23
brioche bun, bacon, fried eggs, relish, cheese	
halloumi avocado mushroom roll	23
brioche, rocket, relish	
eggs on toast	17
free range eggs, cooked your way (poached, scrambled, fried)	
chai spiced chia pudding	22
almond milk, seasonal berries, mango and toasted coconut	
toast & preserves	10
sourdough, rye, quinoa and soy or gluten free – choice of condiments	
sides	
seasonal fruit salad	12
spinach field mushroom/grilled tomato	7
smokehouse bacon/chicken sausages/avocado/ tasmanian smoked salmon/hash brown	8
tomato relish/yoghurt/marinated fetta	5
extra toast/egg	4